

This Month's Special Events

Mon. Oct. 1st:- Nov. 30th:
Everyone who JOINS • RENEWS • REFERS receives one entry for

CASH FOR CHRISTMAS

Pick up a flyer for details

Fri. Oct. 13th:
10:30a: ACTIVE Launch

Sat. Oct. 21st:
9:15a: ACTIVE Launch

Mon. Oct. 23rd-Wed. Oct. 25th: The  Prize Patrol is BACK!
Sport the  on your car and win PRIZES!

Mon. Oct. 23rd:
12 Noon: BARRE Launch!

Tues. Oct. 24th:
10:30a: Crazy/Whacky Hat Aqua class
5:30p: Group FIGHT meets Body SHOCK

Wed. October 25th: Member Appreciation Day
See next page for Schedule of Events

Sun. Oct. 29th:
10:30a: GROOVE Launch

Win 1000's of \$\$\$ in Prizes!
Earn Raffle Tickets when you...
Participate, Bring a Local Guest, Join, Renew
or make an Anniversary Sale Purchase!

Prizes include:

2 Beach Cruisers, \$500 to Couch Potato
BBQ Package & much MORE!



Friends & Family Local Guest Days
announced on your favorite social media site—follow us!

Share the 'Health'!



36th Anniversary

Member Appreciation Day

Wed. Oct 25th

Schedule of Events

KAFE:

All Day: Complimentary Food & Beverages

LOBBY: Fitness Fair: 9a-4p:

Personal Trainers will be setting up FREE PT appointments, body composition testing, nutrition and fitness Q & A. Play GROUP Jeopardy with the Group Fitness Team.

ENJOY OUR REGULAR SCHEDULE AND THESE SPECIAL CLASSES

9:15a: Tour CYCLING Challenge: Team taught 75 min class
12 noon: POWER with DJ Buddy
5:45p: GROOMBA: Groove & Zumba team taught

AT THE POOL:

7a-8:15a & 9a-10:15a: Free Master's Swim
3:15p-4p: Stroke School--Free

KIDZ CLUB:

5p-8p: Face Painting
All Day - FREE Child Care (limit 2 hours by reservation)
Special Crafts, Snacks and Activities.

ANNIVERSARY PARTY 5:30P - 8P
Live Music Performed by Matt Cross
Great Food • Wine • Beer & \$1000's of \$\$ in Prizes
21+ (Free child care by reservation)

**Membership Specials Offered NOW
through Wed. October 25th***

**Renew and Receive
3 FREE MONTHS**

**Refer 'Friends & Family' to Join
36¢ ENROLLMENT FEES!**

Everyone who
JOINS - RENEWS - REFERS
receives one entry towards

**CASH FOR
CHRISTMAS**

See Contest Flyer for details!

**MORE ANNIVERSARY SPECIALS EXCLUSIVE TO KCF - SAN LUIS OBISPO
Starts Mon. Oct. 23rd - Wed. Oct. 25th**

Personal Training: FREE session (\$70 value) with the purchase of 8

Aquatics: Purchase 10 swim lessons, get 2 more for 36¢

Kidz Club: 36% OFF 30-Hour Card--No Limits!

Kafe: Pick up your FREE Kafe Rewards Card

Front Desk: 15% OFF One-Year Towel Service
MyZone Belts only \$79 (Save \$70!)

*Renewal special applies to non-corporate or CCPA prepaid annual plans. 36¢ applies to those joining on a membership plan.
Other restrictions may apply—ask for details. ENDS Wed. Oct. 25th!

**36th Anniversary
Celebration & Specials**



Member Appreciation Day

Wednesday, October 25th

ANNIVERSARY PARTY 5:30P - 8P

Free Guest Day

Special Savings • Events & Classes

Local Food • Wine & Beer

Live Music Performed by Matt Cross

21+ (Free child care by reservation)