

PASO ROBLES AQUATICS



youth TRIATHLON SUNDAY, OCTOBER 15th

Location: Kennedy Club Fitness Paso Robles

Fee: \$25 Per Entrant (\$30 after October 8th)

Includes T-Shirt, Participation Ribbons, and Goodie Bags!

Novice Groups:

CHECK IN	AGE	SWIM	BIKE	RUN
8:30 am	8 yrs & under	25 meters	1/2 mile	1/4 mile
8:15am	9-11 yrs	50 meters	1 mile	1/2 mile
8:00 am	12-15 yrs	100 meters	2.8 miles	1 mile

Elite Group:

7:15am	12 - High School Senior	300 meters	6 miles	2 miles
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Please check in 30 minutes before your scheduled start time!

CALL ALYX AT (805) 239-8488 x26 IF YOU HAVE ANY QUESTIONS!

THE KENNEDY PARKING LOT WILL BE CLOSED

Please give yourself enough time to find
alternative parking upon arrival

FREE CLINIC

~ Time?

Sunday, September 24th

Come see what it's all about! Learn race transition skills,
and get a pre race training plan along with your race map!

You must register before the clinic in order to attend

Assumption of Risk: The use of the facilities at Kennedy Club Fitness and your participating in the Aquatics Program naturally involves the risk of injury to you whether you or someone else causes it. You understand and are aware that strength, flexibility and aerobic exercise, including the use of equipment is a potentially hazardous activity. You understand that fitness activities involve the risk of injury, even death, and you are voluntarily participating in these activities. You hereby agree to expressly assume and accept any and all risks of injury or death.

PARENT NAME _____

PARENT SIGNATURE _____

COMPETITOR'S NAME _____

AGE _____ ALLERGIES _____

PHONE _____ CELL _____

EMAIL _____

PAYMENT AMOUNT \$ _____ CHECK # _____

CREDIT CARD # _____

EXP. DATE _____ / _____

NAME ON CARD _____

CALL ALYX AT (805) 239-8488 x26
IF YOU HAVE ANY QUESTIONS, OR TO REGISTER!



**PASO ROBLES JOINT UNIFIED SCHOOL DISTRICT
ADVERTISING AND PROMOTION FLYERS AND POSTERS
APPROVAL REQUEST FORM**

Paso Robles Joint Unified School District desires to promote positive relationships between schools and the community in order to enhance community support and involvement in district schools. The Superintendent or designee may approve distribution of noncommercial materials to students and staff that publicize services, special events, public meetings or other items of interest to students or parents/guardians.

Commercial materials may be approved for distribution to staff if deemed to be beneficial and help promote the educational mission of the district.

All items must be in compliance with Board Policy, have educational value, and consider the age maturity of students in the intended audience.

Organization: PASO ROBLES AQUATICS

Contact Person: ALYX TRUAX

Contact Phone: 805-440-4748

Contact email: alyxtruax@yahoo.com

Purpose of flyer/poster: TO GET THE WORD OUT ABOUT A KIDS FUN TRIATHLON

Flyer & Poster Approval	
Pre-Approval by:	
VAPA <input type="checkbox"/>	(If applicable) Athletics <input type="checkbox"/>
____ Approved	
____ Not Approved	
Signature of Public Information Officer	Date
For Office Use Only	

Is this a POSTER for posting at school sites only? NO YES. If yes, which sites (i.e. elementary, middle schools, high schools)?

WE WOULD ALSO LIKE TO POST AT ALL SITES

OR is this a flyer for distribution to: Teachers Students* N/A
*if for students, flyers must be in English & Spanish, back to back, or both on same side.

Please note: Elementary sites are the ONLY sites that allow flyers to students. Please list grade levels

ALL GRADE LEVELS THAT WE CAN DISTRIBUTE TO

Dates to be distributed or posted ASAP (SINCE WE ARE OFFERING A FREE CLINIC SEPT 24) UNTIL OCT 15 TH.

If approved, it is the responsibility of the organization to copy and deliver all materials to where they are to be distributed. *Flyers must be in Spanish and English, printed back to back, grouped in bundles of 31, and labeled with their quantity (as "bundles of 31"). Schools will select locations where posters will be displayed.

Fax to Norma Tabarez at PRJUSD, 805-237-3339, or email as a pdf file to natabarez@pasoschools.org, or drop off with flyer to our PRJUSD Administration Office at 800 Niblick Road. For further questions, please email or call Norma at 805-769-1000.