

PILATES TEACHER TRAINING

MAT LEVEL 1 & 2 CERTIFICATION



**KICK START
YOUR
PILATES
CAREER
TODAY!**



Kennedy Club Fitness
500 S. River Rd.
Paso Robles, CA
805-239-8488 ext 23

Certification Includes:

- *Postural Analysis
- *Anatomy
- *Mat 1 and 2 Manual (Beginner through Advanced)
- *PEI Exam

(Prerequisite for Reformer training coming February)



Class Schedule

Sept. 15: 9am-5pm
Sept. 22: 12-6pm

Sept. 16: 9am-5pm
Sept. 23: 9am-2pm

Sept. 17: 9am-12pm
PEI Exam

\$999 (Regularly \$1200)

Space is Limited to 10. Must reserve by September 1, 2017

Kennedy Club Fitness, Paso Robles

Contact Karisha (805) 239-8488 Ext. 23* karisha_dearing@yahoo.com

